

## Athletic Training at William Woods

As an athletic training student at The Woods, you will study:

- ▶ Therapeutic exercise and rehabilitation
- ▶ Prevention and care of athletic injuries
- ▶ Orthopedic and non-orthopedic assessment
- ▶ Cardiopulmonary resuscitation
- ▶ Therapeutic modalities
- ▶ General psychology
- ▶ Exercise physiology
- ▶ Human physiology
- ▶ Human anatomy
- ▶ Personal health
- ▶ Kinesiology
- ▶ Nutrition

Plus, hands-on experience through The Woods internship and practicum.

## Career Opportunities

- ▶ High school teaching and non-teaching
- ▶ Professional sports athletic trainer
- ▶ Corporate and industrial settings
- ▶ Recreation field athletic trainer
- ▶ College faculty and staff
- ▶ Private clinics
- ▶ Hospitals

William Woods University is a coeducational, professions-oriented, liberal arts-based institution of approximately 3,800 students, with 850 on campus. Founded in 1870, William Wood's mission has always been to provide a quality education while ensuring the development of the individual.

The Woods offers both undergraduate and graduate degrees in a variety of disciplines in both campus and outreach settings. In addition to the scenic main campus in historic Fulton, Mo., WWU offers degree programs in more than 125 communities throughout Missouri and new sites in Arkansas.

WilliamWoods.edu

William  
Woods  
University

Anthony Lungstrum MS, ATC, LAT  
Dir., Athletic Training Education Program  
One University Avenue  
Fulton, MO 65251

Anthony.Lungstrum@WilliamWoods.edu  
1.800.995.3159 x1638

# 3rd Annual High School athletic training Student Workshop



william woods university

Saturday ▶ February 20, 2010

William  
Woods  
University

WilliamWoods.edu/AthleticTraining

Join us **Saturday, February 20, 2010** for a hands-on, educational workshop especially for high school students interested in pursuing a degree in athletic training. This one-day workshop will be held on The Woods campus in the Helen Stephens Sports Complex and the Center for Human Performance.

Space is limited, so be sure to complete and return the attached registration form, along with the \$10 registration fee, by **February 1, 2010**.

(Note: There is no workshop fee for certified athletic trainers who bring students with them.)

Feel free to make as many copies of the registration form as needed, because each attending student must complete and submit a form.

## schedule

9:00 am.....Registration/Check-in/Welcome

9:30 am.....Sideline Ankle Evaluations

10:30 am.....Aquaplast Splint Fabrication

11:30 am.....Lunch (provided)

12:30 am.....Care if Sports Dental Injuries

1:30 pm.....Ergogenic Aids in Athletics

2:30 pm.....Life as a Collegiate Athletic Training Student

## topics & presenters

### ▶ Aquaplast Splint Fabrication

Cindy Robb, ATC  
William Woods University

### ▶ Sideline Ankle Evaluations

Jill Gamlin PT, ATC  
Director of Clinical Services  
Atlas Physical Therapy & Sports Medicine

### ▶ Care of Sports Dental Injuries

Anthony Lungstrum, ATC  
William Woods University

### ▶ Ergogenic Aids in Athletes

Anthony Lungstrum, ATC  
William Woods University

### ▶ Life as a Collegiate Athletic Training Student

Athletic Training Students  
William Woods University

## 2009 REGISTRATION FORM

### Athletic Training Workshop

Name

Address

City

State

Zip

Tel

E-mail

High School Athletic Trainer

Current Grade in School

Senior

Junior

Sophomore

Freshman

Signature

Please detach and return form, along with the \$10 registration fee, to:

Anthony Lungstrum  
Center for Human Performance  
William Woods University  
One University Avenue  
Fulton, MO 65251